

A Letter to High School Athletes About Race Walking in College

(Last update: February 3rd, 2020)

High school track and field athletes in general, and high school race walkers in-particular, need to be made aware that there is a shortage of race walkers in the USA. There are currently more colleges seeking race walkers for their Track & Field teams than there are HS walkers in the USA. However, since there are so few experienced high school race walkers in the USA, most of the available scholarship dollars are not awarded. This magnifies the point that good high school race walkers are an important commodity to many colleges & universities.

Athletic scholarships are available for Race Walking!

What does it take to be a collegiate walker? The current qualifying times for the collegiate track & field nationals in the race walk are illustrated in the table below. Looks easy? Well only about a dozen men and a dozen women make the qualifying time – on average – each year. So, it is challenging. That is why HS athletes who already know how to walk and can walk the times listed below are in high demand:

RW Qualifying Standards for the 2019 Indoor & Outdoor Collegiate T&F Nationals				
Race Distance	Men		Women	
	Automatic	Provisional	Automatic	Provisional
INDOORS: 3,000 meters for men & women	14:15.00	15:30.00	16:30.00	17:45.00
OUTDOORS: 5,000m for men & women	24:00.00	25:45.00	27:45.00	28:55.00

But what colleges have the race walk? It isn't easy for a high school athlete to find out. But look at it from a college coach's point of view. Many media outlets don't print results of any HS competitions anymore; much less the results of a race walk competition. Here are a few ideas...

Searching the Internet:

When a high school student-athlete starts the search for their future college, the first thing that young man or woman should do is to create a list of colleges and universities that offer the programs he, or she, wants to study. This is the most important thing to do. After all, you go to college to get a good education. Athletics, including race walking, should be secondary.

There are many web sites on the internet that can help search the 3,500 or so colleges and universities in the USA for the ones that have the course of study desired. They can be found by going to any of the popular search engines like yahoo.com and google.com and typing in "College Search" and clicking on the SEARCH button.

The "big future" site by The College Board is one of these:

- ❑ <https://bigfuture.collegeboard.org/college-search>

Unfortunately, no site currently allows you to specifically search for the 200, or so, colleges and universities that include race walking as an event in the conference and national collegiate T&F championships. Helping you, the athlete, your parents and your coaches and counselors find these colleges & universities is the purpose of this paper.

Realistic Expectations - How Good Are You?

The High School Race Walk web site and its new app for your phone is a good place for college coaches, athletes, and parents of athletes to peruse. It recognizes the top HS Race Walkers in the USA, as well as a ranking of the top performers in the indoor and outdoor seasons. The rankings, along with various records are located at this web site:

<http://www.hsrw.net/>

Some background information on scholarships:

Every athlete is interested in getting a scholarship to college. But it may come as a shock as in today's collegiate environment rarely does any student-athlete receive a "Full Ride" scholarship to college. "Quarter" and "Third" scholarships are more the norm in athletics. These are often divided along the lines of separate awards for tuition, board, and books. An athlete may receive one, or two, but rarely all three. Financial need and academic standing are also determining factors.

Complicating the recruiting situation is the window afforded individual colleges for making contact with potential student athletes. The rules vary between each of the three divisions within the National Collegiate Athletics Association (NCAA). The National Association of Intercollegiate Athletics (NAIA) also has its own.

Generally, college coaches can't talk about recruiting and scholarship commitments until the summer after athlete's junior year in high school. But throughout the junior year, a high school student can initiate communication with a college by filling out one of the on-line forms that most college & university athletic departments offer on their web sites. High school athletes who race walk should also email the coach directly using the listings in this document and request information about their college and its track and cross country team programs.

One last, very important consideration when seeking that athletics scholarship – there is more money available via academic scholarships for good grades and test scores than for athletic prowess. So while you are focusing on that 4th set of 5 fast 400 meter repeats in practice, remember it is even more important to be getting top notch marks in the class room and on the ACT and/or SAT assessments!

More information on Obtaining College Financial Aid:

Now Faster & Easier: The typical first step in getting financial aid is completing the Free Application for Federal Student Aid (FAFSA). Students should initiate this in September/October of their senior years. The document provides guidelines to how much financial aid the student-athlete is eligible for outside of any (athletic or academic) merit based scholarships. This is obtained at:

www.fafsa.ed.gov

Most colleges require this before awarding any merit based scholarships or need-based grants and loans. This includes the Pell grants and the Perkins and Stafford loan programs. You should also check into the special interest, first generation and regional scholarships that are available at the colleges you have narrowed your choices down too. And don't forget there is also a Federal Department of Education searchable database. The data base can provide additional places to apply for scholarships:

<https://www.studentaid.ed.gov/>

Finally, don't forget to consult with the counselors at your high school and the admissions advisors at the colleges you are considering. They have additional resources available to them for assisting you. One of these will be:

<http://www.smartscholar.com/>

WHAT COLLEGES ARE LOOKING FOR RACE WALKERS?

The **National Association of Intercollegiate Athletics (NAIA)** has been conducting the race walk as a scored event at its National Track & Field Championships for almost 50 years. Since 1980 nearly 75% of all race walkers on the USA Olympic Team have graduated from NAIA member colleges and universities.

The NAIA has always been the forward thinking, driving force for the inclusion, not exclusion, of all Olympic Events at the collegiate level. Not only are the race walks a scoring event at both the indoor and outdoor National T&F Championships but the NAIA also includes the marathon with its outdoor T&F championships. The more familiar NCAA (National Collegiate Athletics Association) does none of this.

There are also many advantages to competing in the NAIA as a race walker. Besides the benefit of the close-knit communities and small class sizes typically found on a NAIA member school campus, NAIA athletics offer:

- 1) A maximum opportunity to participate in regular season competitions and National Championships
- 2) The focus is on education and character development of the student athlete
- 3) Fewer recruiting restrictions and greater opportunities to transfer without losing a season of eligibility
- 4) And, **NAIA athletes can turn Pro, stay in college and keep their scholarships!** The NAIA broadened its rules on amateurism to allow race walkers to earn prize money & travel reimbursement funds at the USATF Outdoor Champs & all other races when the athlete is out of school (i.e. summer vacation) and not representing their college or university. Athletes cannot accept prize money at the USATF indoor nationals or other races during the school year and retain their eligibility. However, NAIA member schools, unlike the NCAA, can pay all expenses for athletes participating in these competitions in accordance with the school's policies.

The NAIA is comprised of almost 300 member institutions, each dedicated to the ideals of excellence in character and respect in both athletics and academics. Approximately 200 of these schools have T&F programs. And of particularly good news to aspiring race walkers is the fact that only a couple dozen of those schools currently have race walkers. The rest are looking for that one walker that will lead their program. This paper identifies those NAIA member schools and the coaches most interested in having race walkers as members of their teams. But to obtain a complete listing of all NAIA member colleges click on over to the NAIA's revamped website and click on "SCHOOLS" or "CONFERENCES":

<http://www.naia.org/>

The NAIA recruitment process is less cumbersome, with fewer restrictions on the contact between a student-athlete and a coach. More frequent communication aids in assuring that the student-athlete is comfortable with the choice of an institution. Athletes can get qualified for receiving athletic aid at any NAIA college or university by visiting the NAIA Eligibility Center at:

<http://www.playnaia.org/>

What about **National Collegiate Athletic Association (NCAA)** schools? Regretfully, there isn't much positive that can be said about race walking in the NCAA. The NCAA does not recognize the race walk as a track & field event at any level. Current NCAA rules prohibit student athletes who are race walkers from receiving financial assistance from the athletic departments at their colleges. Therefore, there are **NO** athletic scholarships for race walking within the NCAA ranks. That said, there still exists some opportunities for race walking at certain NCAA universities because of supportive coaches at those institutions.

NCAA Division I:

- Marist University in New York is currently the only NCAA division I school with a coach actively recruiting student athletes who race walk. Charles (Chuck) Williams <runnerfox@aol.com> (845) 575-3699 x1-2578
- The University of Arkansas signed Taylor Ewert to a full scholarship. She is the exceptional exception.

NCAA Division II:

- Mansfield University in Mansfield, Pennsylvania, is a good location for track & field athletes who race walk. Three-time Olympian in the race walk - Michelle Rohl – assists her husband; head coach Mike Rohl, in coaching at Mansfield University. Contact Coach Rohl at: <mrohl@mnsfld.edu> (570) 662-4645

NCAA Division III:

Division III coaches are NOT allowed to give scholarships based upon athletic (race walking/running) abilities. But some athletes have found schools that will assist at a rudimentary level.

Many of the NCAA limitations are also determined by the athlete's gender. The combined scholarship limits for an entire program at the NCAA Division I level for Track & Field/Cross Country athletes are 18 for the women and 12.6 for the men. Race walkers have been ruled ineligible by the NCAA's Compliance Office to receive any of these athletic scholarships.

Junior Colleges

California: There is currently one junior college in California where a high school athlete can get the cross country, track & field and race walking opportunities that should be afforded him or her nationwide. In 2010, two-time Olympic Race Walker Tim Seaman was hired as a head track and cross country coach at Cuyamaca College near San Diego, California. Many of America's top post collegiate race walkers now live and train near Cuyamaca College forming a training center for race walking.

Starting in spring 2018 the Southern California Community College T&F Championships have included race walking as an exhibition event. You can contact Coach Seaman at: <Tim.Seaman@Olympian.org> for more information on any of the junior college opportunities in California.

NAIA Success Stories

While based in the geographical center of the USA there are over 250 NAIA colleges and universities scattered across the country. But few are in the northeast (go figure) where race walking is popular among HS students in New York and Maine. Therefore student-athletes will often need to look out-of-state to continue their education. Luckily, most will find that cost of education will be lower at the NAIA member institution than at an in-state school in New England and New York.

Competitively, the race walk is conducted as a scoring event at the NAIA indoor and outdoor collegiate national T&F championships. Further, the NAIA encourages its member conferences to include the walks at invitational meets as well as individual Conference Championships. The most recent conferences to add the race walk as a scoring event at both their indoor and outdoor championships are the Chicagoland Collegiate Athletic Conference (CCAC) composed of 14 colleges and universities and the Appalachian Athletic Conference (AAC). The AAC is composed of 16 colleges & universities.

Here is a list of colleges whose coaches have historically recruited race walkers for their T&F teams. Those colleges prefixed with an asterisk (*) had race walkers on their 2018 T&F team(s). Please contact the coaches directly for more information about their program and availability of scholarships:

1. Avila University (Kansas City, Missouri) Je'Kel Smith <jekel.smith@avila.edu> 816-501-2477
2. (*) Baker University (Baldwin City, Kansas) Tim Byers <tbyers@bakeru.edu> (785) 594-4581
3. (*) Benedictine College (Atchison, Kansas) Rex Lane <rlane@benedictine.edu> (913) 360-7606
4. Brenau Univ. (Gainesville, Ga) Heather Hestetter <hestetter@brenau.edu> & Bryon Kramer <bkramer@brenau.edu>
5. Briar Cliff () Nathan Christianson <>
6. (*) Campbellsville University (Kentucky) Mark Miller <mamiller@campbellsville.edu> (270) 789-5517
7. (*) Central Methodist U (Fayette, Missouri) Mark Nelson <mnelson@centralmethodist.edu> (660)-248-6312
8. (*) Cardinal Stritch (Milwaukee, Wis) Bill Massoels <wmassoels@stritch.edu> (414) 410-4877

9. Carlow University (Pittsburgh, PA) Greg Schmitt <grschmitt@carlow.edu> (412) 578-6320
10. Columbia College (Columbia, SC) Travis Nichols <tnichols@columbiasc.edu> (803) 786-3373
11. Columbia University (Columbia, Missouri) Tracy Jex <tjex@ccis.edu> (573) 875-7197
12. (*) Concordia University (Ann Arbor, Michigan) Jamie Labrosse <jamietrack10@gmail.com> (517) 672-8684
13. (*) Concordia University (Seward, Nebraska) Matt Beisel <matt.beisel@cune.edu> (402) 643-7190
14. (*) Cornerstone University (Grand Rapids, Michigan) Nate Van Holten <doctor_nate@hotmail.com > (616) 821-3470
15. Culver-Stockton Univ. (Canton, Missouri) Alan King <aking@culver.edu> (573) 288-6426
16. (*) Dakota Wesleyan University (Mitchell, South Dakota) Derik Fossum <defossum@dwu.edu> (605) 995-2954
17. (*) Friends University (Wichita, Kansas) Jason Parr <jason_parr@friends.edu> (620) 617-4185
18. (*) Georgetown (Georgetown, KY) Lucas Garnett <lucas_garnett@georgetowncollege.edu> (502) 863-8335
19. (*) Goshen College (Goshen, IN) Jake Gunderkline & Rustin Nyce <rustinwn@goshen.edu> (574) 535-7495
20. (*) Graceland University (Lamoni, Iowa) Jordon Andreassen <jordona1@graceland.edu> (641) 784-5464
21. (*) Grand View University (Des Moines, Iowa) Jerry Monner <jmonner@grandview.edu> (515) 263-6046
22. Hannibal-LaGrange (Hannibal, Missouri) Andy Lemons <andy.lemons@hlg.edu> (573) 231-6987
23. Haskell Indian Nations University (Lawrence, Kansas) Al Gipp <agipp@haskell.edu> (785) 830-2758
24. (*) Judson College (Elgin, Illinois) Joel Popenfoose <joel.popenfoose@judson.edu> (847) 628-2518
25. (*) Kansas Wesleyan University (Salina KS) Luke Samford <luke.samford@kwu.edu> (785) 833-4409
26. Keiser University (West Palm Beach, FL) Jamaine Gordon <jagordon@keiseruniversity.edu>
27. Lindenwood - Belleville University (Bellville, Illinois) Tim Cary <tcary@lindenwood.edu> (618) 239-6383
28. Lindsey Wilson (Columbia, Kentucky) Jamaine Gordon <gordonj@lindsey.edu> (270) 384-8175
29. Marian University (Indianapolis, Indiana) Michael Holman <mholman@marian.edu> (317) 955-6585
30. Midland University (Fremont, Nebraska) Mark Kostak <kostek@midlandu.edu> (402) 941-6085
31. Midway University (Lexington, Kk) Jay Walls <jwalls@midway.edu> (859) 846.5311
32. (*) MidAmerican Nazarene University (Olathe, KS) Nate Wiens <nawiens@mnu.edu> (913) 971-3362
33. (*) Missouri Baptist (St. Louis, MO) Katie Goodwin <clinek@mobap.edu> & Mark Sisson <sissonm@mobap.edu>
34. Missouri Valley (Marshall, MO) Dave Dominguez <dominguezd@moval.edu> Sarah Niemeier <niemeiers@moval.edu>
35. Montreat University (Montreat, North Carolina) Jason Lewkowicz <jlewkowicz@montreat.edu> (828) 669-8012 x3425
36. Morningside College (Sioux City, IA) David Nash <nash@morningside.edu> (712) 274-5334
37. Mount Marty College (Yankton, South Dakota) Randy Fischer <randall.fischer@mtmc.edu> (605) 668-1263
38. (*) Mt. Mercy University (Cedar Rapids, Iowa) Jamie Jimmison <jjimison@mtmercy.edu> 319-363-1323 ext. 1307
39. (*) Northwest University (Kirkland, Washington) Mark Mandi <mark.mandi@northwestu.edu> (425) 889-7785
40. Olivet Nazarene University (Bourbonnais, IL) Ashley Thomas <aathomas@olivet.edu> (815) 928-5570
41. (*) Ottawa College (Ottawa, KS) Jim Whittaker <james.whittaker@ottawa.edu> (785) 248-2638
42. Our Lady of the Lake University (San Antonio, Texas) Steve Sherman <ssherman@ollusa.edu> (210) 288-7361
43. (*) Park University (Parkville, MO) Brian Renshaw <brian.renshaw@park.edu> (816) 584-6488
44. (*) Point Park University (Pittsburgh, PA) Kelly Parsley <kparsley@pointpark.edu> (412) 392-3834
45. (*) Saint. Ambrose (Davenport, IA) Dan Tomlin <tomlindaniel@sau.edu> (563) 333-6236
46. Saint Andrews College (Laurinburg, NC) Larry Rogers <rogerslw@sa.edu> (910) 277-3965
47. Saint Xavier College (Chicago, Ill) Kyle Rago <rago@sxu.edu> (773) 298-3306 & Lisa Ebel <l.ebel@sxu.edu>
48. Southern Oregon (Ashland, Oregon) Grier Gatlin <gatling@sou.edu> (541) 552-6500
49. (*) Spring Arbor University (Spring Arbor, Michigan) Jeremy Smith <jeremys@arbor.edu> (517) 750-6788
50. (*) The Master's University (Newhall, CA) Zach & Amie Schroeder <zschroeder@masters.edu> (661) 362-2774
51. (*) University of British Columbia (Vancouver, Canada) <Laurier.primeau@ubc.ca> (604) 897-0212
52. (*) University of the Cumberlands (Kentucky) Randy Greer <randall.greer@ucumberland.edu> 606-271-2810
53. University of Jamestown (N. Dakota) Ed Crawford <ecrawfor@jc.edu> & Jim Clark <clark@jc.edu>
54. University of Maine – Fort Kent (Maine) Coach TBD - <https://athletics.umfk.edu/>
55. (*) University of Rio Grande (Rio Grande, Ohio) Bob Willey <rwilley@rio.edu> (740) 245-7487
56. U of St. Francis (Joliet, IL) Jeff Barker <jbarker@stfrancis.edu> 815-740-3408 Jeff Chiapello <jchiapello@stfrancis.edu>
57. (*) University of St. Mary (Leavenworth, KS) Alstin Benton <alstin.benton@stmary.edu> (913) 702-5115
58. Westmont University (Santa Barbara, CA) Russell Smelley <smelley@westmont.edu> (805) 565-6108
59. (*) West Virginia Tech (Beckley, WV) Bruce Cox <bucox@mail.wvu.edu> (304) 929-1503
60. William Penn University (Oskaloosa, IA) Allen Friesen <friesena@wmpenn.edu> (641) 673-1706

The biggest thing athletes need to remember is that they need to be proactive in the recruiting process. Don't wait for coaches to find you. Don't assume that filling out the questionnaire is the end of the process for you. Email the coach. Fill out prospective recruit forms. Make a phone call and follow up.

Recruiting Questions to ask:

Once you have settled on a college (or three) to visit, have a set of questions to ask the coach. Some sample questions are: Who actually coaches the race walkers? What competitions will the team be going to that include race walking? Will there be an opportunity to go to race walk only competitions (i.e. Penn Relays, USATF)? Are there study tables for academic assistance?

Additional questions to other athletes at the college include: Do you like the coach? Does the team do activities together away from practices and meets? How are injured athletes treated by the coach and medical staff? Who actually coaches the race walkers?

NAIA Colleges that signed high school race walkers for the 2018-2019 college year:

- Columbia College (Columbia, SC) **Jesi Heisley-Whatley** (Riverside HS, Greer, SC)
- Columbia College (Columbia, SC) **Tori Heisley-Whatley** (Riverside HS, Greer, SC)
- Friends University (Wichita, Kansas): **Moira Burgess** (Monmouth Academy, Monmouth, Maine)
- Goshen College (Goshen, Indiana): **Hayley Bickford** (Gorham HS, Gorham, Maine)
- Missouri Baptist (St. Louis, MO): **Jordan Crawford** (Douglas County HS, Douglas, GA)
- University of British Columbia: **Aubrey Fox** (New Rochelle HS, New Rochelle, NY)

CONTACT PEOPLE IN RACE WALKING

Hopefully you have found this article useful in identifying the colleges that are race walk friendly. The following individuals can assist you with questions you have about race walking locally, or at the high school, collegiate & national levels as well as other opportunities for race walking in the USA.

- Diane Graham-Henry – Chairman of USATF Race Walk Committee <dghphoto@gmail.com>
- Miranda Melville – Women's RW Athlete Representative <ranna320@gmail.com>
- Dave McGovern – Men's RW Athlete Representative <rayZwocker@aol.com>
- Katie Burnett – NAIA All-American Race Walker – RW Executive Committee <racewalkerkt@yahoo.com>
- Michael Roth – HS Race Walking Web Site - <http://www.hsrw.net/>

WEB SITES WITH INFORMATION

All national championships as well as additional information on race walking is available thru the national website:

- **USATF Web Site:** <http://www.usatf.org/Sports/Race-Walking.aspx>

Locations for the latest in information on HS race walking:

- <http://www.hsrw.net>
- www.facebook.com/groups/hsracewalk/

Some great web sites with information on race walking including technique, books, etc., are:

- <http://www.racewalk.com/>
- <http://narionline.org/RaceWalk101/RaceWalking101.html>
- <http://www.racewalking.org/>

Web Site containing information on the Al Heppner Scholarship for collegiate race walkers:

- <http://www.narionline.org/Programs/AlHeppner.html>

For corrections and questions about this document contact: Vince Peters @ <mv_tc@sbcglobal.net>

Appendix
2019 NAIA National Collegiate Indoor Track & Field Championships
Sanford-Jackrabbit Athletic Complex in Brookings, South Dakota
Friday, March 1st, 2019

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Women's 3000 Meter Indoor Race Walk (Auto Standard - 16:30 / Provisional - 17:45)				
Record	Tag Time	Athlete	Affiliation	Date
American	A 12:20.79	Debbi Lawrence	Natural Sport	03/12/1993
Collegiate	C 13:49.84	Natalia Alfonso	Missouri Baptist (MO)	03/03/2017
Championship	N 13:49.84	Natalia Alfonso	Missouri Baptist (MO)	03/03/2017
2018 Winner:	* 13:59.60	Anali Cisneros	Judson University	03/02/2018
Jackrabbit/Facility	F 13:51:00	Anali Cisneros	Judson University	03/01/2019

Anali Cisneros, a junior at Judson University in Illinois, narrowly missed the collegiate record today at the NAIA Collegiate Indoor T&F Championships. Competing at the Sanford-Jackrabbit Athletic Complex in Brookings, South Dakota, Anali led from the gun and totally dominated her competitors in winning her second straight indoor championship. She finished in 13:51:00. It was a huge day by Judson University! Anali's younger sister, Nayeli Cisneros, combined with rising star, Maria Alarcon to sweep the podium, scoring 24 points towards the team title.

1) Anali Cisneros (JR)	Judson U.	- 13:51.00	PR/F/*	10
2) Nayeli Cisneros (SO)	Judson U	- 15:23.48		8
3) Maria Alarcon (FR)	Judson U	- 15:23.91	PR	6
4) Siana Emery (JR)	Goshen College	- 15:39.98		5
5) Lila Dreves (JR)	MidAmerica Naz	- 15:40.45	PR	4
6) Kayla Allen (SO)	Friends Univ	- 15:51.09		3
7) Michaela Barretta (JR)	Grand View	- 15:56.61	PR	2
8) D'Amaie Davis (SO)	Cornerstone	- 16:34.04	PR	1
9) Elizabeth Larsen (JR)	Concordia (MI)	- 16:45.47	PR	
10) Kelsey Billingsley (SO)	Cornerstone	- 17:02.48		
11) Hayley Bickford (FR)	Goshen College	- 17:33.51		
12) Moira Burgess (FR)	Friends Univ	- 18:09.20		

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Men's 3000 Meter Indoor Race Walk (Auto Standard - 14:15 / Provisional - 15:30)				
Record	Tag Time	Athlete	Affiliation	Date
American	A 11:16.30	Ray Sharp	East Side TC	02/03/1984
Collegiate	C 11:46.20	Nick Christie	Missouri Baptist	03/01/2015
Championship:	N 11:46.20	Nick Christie	Missouri Baptist	03/01/2015
2018 Winner:	* 12:09.58	Anthony Peters	St Ambrose (IA)	03/02/2018
Jackrabbit/Facility	F 13:59.60	Moses Watson	Baker University	03/01/2019

Moses Watson, from Baker University, upset an experienced field of collegiate race walkers for the win. Several athletes shared leading duties throughout the 3000m race. Watson waited until the back straight of the 9th of 10 circuits of the 300m oval to make his move. The strong passage held off Steven Smith, of WVU Tech for the victory. Watson's winning time was 12:39.76. It was a lifetime best for the senior and former steepler who only came onto the national scene as a pedestrian in 2018. For Smith, out of the strong Maine High School program, it was a huge improvement in style over 2018, when, as a frosh, he got a trip to Dairy Queen instead of the awards stand.

1) Moses Watson (SR)	Baker Univ	- 12:39.76	PR/F	10
2) Steven Smith (SO)	WVU Tech	- 12:44.10	PR	8
3) Luke Jobson (JR)	WVU Tech	- 12:56.21		6
4) AJ Gruttadauro (JR)	WVU Tech	- 13:20.58		5
5) Jon Andersen (SR)	Mount Mercy	- 13:35.50	PR	4
6) Dan Nehnevaj (JR)	WVU Tech	- 13:38.25	PR	3
7) Bricyn Healey (JR)	Olivet Nazarene	- 13:49.09	PR	2
8) Jordan Crawford (FR)	Missouri Baptist	- 13:50.65	PR	1
9) Dean Freitag (SO)	Rio Grande U	- 14:00.44	PR	
10) Ben Hofstra (SO)	Cornerstone	- 14:33.29	PR	
11) Ben Downey (JR)	MidAmerica Nazarene	- 15:56.59		
--- Trevor Alber (JR)	Hastings College	- DQ		